

Y'S
MEN
INTERNATIONAL

PROJECTS APPROVED FOR FUNDING FROM TIME OF FAST
FOR THE FINANCIAL YEAR 2005/2006

03-01 AFRICA - Gambia: Development of YMCA Banjul Branch

Location: Banjul, the capital of The Gambia, West Africa.

Background: The Gambia is a small African country entirely surrounded by Senegal. Its population is just over 1 million, growing at the rate of 4.2% a year; 71% of the population is younger than 25; and 5% of the women are married by the age of 14. Half the population is illiterate; in rural areas 76% of women cannot read or write. Unemployment is high, especially among youth and particularly among unmarried women. The YMCA since 1979 has been offering youth a varied range of programs including leadership training, community development, vocational training, sports, inter-faith dialogue, cyber café, hostel, aerobics classes, guidance and counselling services for vocational training, and rehabilitation of refugees and displaced persons. The Y programs help to prevent the ever-alarming rates of street children, abandoned babies, child labour, child prostitution, substance and drug abuse, broken homes, and HIV/AIDS infections. The Banjul office also serves as a study centre for an increasing number of students and school children who do not have adequate facilities in their own homes for school assignments or studying for examinations. The office recently moved from its rented premises to its own headquarters in Kanifing. The staff has expanded to 22 full-time employees and there is a Y's Men's club whose remaining active members have been deeply involved in program development and evaluation as well as in local fund raising and institutional development.

Project: To re-establish the Banjul office to provide basic job training programs to young people. Over the next 5 years it is hoped that 1,250 youth can be trained in leadership development skills, 150 women can be trained in hair dressing, beauty therapy and dressmaking, and 100 men can take courses in welding and sheet metal fabrication or carpentry and cabinet-making. Once a property in Banjul is bought and upgraded, it can generate income to support ongoing programs. In the meanwhile, funds are needed for building rental, staff salaries and materials.

<i>Budget:</i>		<u>year 1</u>	<u>year 2</u>	<u>year 3</u>	<u>Total</u>
Leadership seminars	Dalasi	108,530	75,000	90,000	\$10,131
Women's courses		130,600	156,720	188,064	\$17,607
Woodworking courses		68,500	82,220	98,864	\$ 9,244
Metalworking courses		70,000	84,000	103,600	\$ 9,541
Toyota double cabin diesel		377,630	0	0	\$13,986
Vehicle running costs		24,000	26,800	32,160	\$ 3,073
Administration		53,000	63,711	226,904(*)	\$12,726
TOTAL COSTS	Dalasi	832,260	488,451	739,592(*see note, below)	
	=US\$	30,824	18,091	27,392	\$76,307

They sought "Time of Fast" funding of \$150,000 over 5 years, including US\$55,556 in years 3-4 for purchasing and upgrading the Banjul office (*which increases administration costs in Year 3) but "Time of Fast" cannot support the whole of their financial needs.

Approved by ICM 05 for 2005/06: US\$ 30,000 (third of three years – total request \$90,000)

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FOR THE FINANCIAL YEAR 2005/2006

03-05 EUROPE - Hungary: YMCA Centre S3v3r

Location: Balatony3r3k on Lake Balaton, about 100 km southwest of Budapest.

Background: During the Communist regime, the Hungarian YMCA like other non-governmental agencies (NGOs) was prohibited and lost all its property throughout the country. In 2000 the parliament recognized the problem and asked NGOs to make bids for replacement buildings. In September 2001 the Y was given a 400 sq. m. (4,000 sq.ft.) house on 2,336 sq. m. (a half acre) of land that reputedly had belonged to the Lord Mayor of Budapest before 1945. There is also an addition with dining hall and 4 bedrooms, and an adjacent building with 3 rooms and a bathroom. These were probably built about 1980. There is no furniture; the walls show water damage from the leaking roof; and the sanitary conditions are deplorable. The Y began last year to repair and enlarge the buildings and restore running water and electricity using its own resources including manual labour of its members. Windows and doors have been donated by a local company. The gas line to the property will be expensive to replace, so for the time being all heating is done with stoves.

Project: Restore the buildings and convert the large one to a conference centre for 40 people (more could be accommodated in tents). Initially only summer and autumn programs will be run. Once the heating is restored the facilities can be used all year. The small building will be used for an office and official quarters. Programs will include leadership training camps.

<i>Budget:</i>	Internal repairs	US\$ 43,702
	Gas heating and cooking	33,723
	Roof work	3,814
	Additions to building	17,820
	Doors and windows	14,634
	Furniture and fitting	13,500
	Water pipes	12,366
	Electrical repairs	<u>5,184</u>
	TOTAL COSTS	164,743

They requested US\$30,000 over three years from "Time of Fast." Much of the remainder is coming from a large number of sources including YMCAs (especially in Germany) and Hungarian churches.

Approved by ICM 05 for 2005/06: US\$ 10,000 (third of three years: total request US\$ 30,000)

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04-01 ASIA – Nepal: HIV/AIDS Victims

Location: Patan City in Lalitpur District, Kathmandu and Birganj in Parsa district. These three cities are about 100 km apart on the main road from Nepal into India.

Background: The number of people in Nepal affected by HIV/AIDS is rapidly increasing. Already over 600,000 are infected, with about 3000 people dying annually and 2500 children orphaned each year. One of the chief sources of the disease is the sex trade which is exacerbated by tourism. Every year, 5-7000 girls from the mountain areas are sold for forced prostitution into Indian and Nepali cities. Most of these are women under 30 who are dependent on prostitution and many in India return home to Nepal infected with various sexually transmitted diseases including HIV/AIDS. Fourteen districts are most affected but Patan City, Kathmandu and Birganj are the worst because they lie along the main road into India and serve as transit points for the sex trade.

Project: The YMCA of Lalitpur district will enlarge its current activities with poor communities by conducting a training program on reproductive health education to 30 volunteers and students so that these people can teach this subject in Nepali schools. The training will take one week. After completion of training, the volunteers will go from school to school to make students in grades 8 to 12 aware of HIV/AIDS, violence against women, and forced prostitution. In the first year of the program, the classes will be taught in 75 schools in Patan City and printed information will be handed out. Over the next two years, classes will be taught in 200 schools and campuses in Kathmandu and 50 in Birganj. These will include skits about HIV/AIDS. Programs will also be carried out in dance/cabin restaurants of Kathmandu and Patan City. Women in the city slums will be organized to protect girls against such abuses as forced prostitution. A health care centre in Khokana for HIV/AIDS victims will be started. Destitute women (110 over one year) will receive skills development such as training in tailoring and other handicrafts, language training, and use of computers. Micro-credit aid will be available to start small businesses. In this way they can sustain themselves without recourse to prostitution, and lead a new life in dignity. All this should result in networks for awareness of HIV/AIDS and the protection of children and result in a more just and secure life for them. Evaluation of the program will be done twice yearly by the National Council of YMCAs and members of other NGOs.

<i>Budget:</i>	Volunteer support (25 each year)	\$6,430
	Staff support	1,030
	Volunteer training	1,510
	Transportation	1,030
	Printing and supplies	1,590
	Communications	1,030
	Income generation program for women	2,140
	Overhead	860
	TOTAL COSTS:	15,620

They are requesting \$11,040 over 3 years, or \$3,680 a year. The Income Generation Program will be partly supported by the handicrafts produced by those attending the courses and partly by contributions from the YMCA.

Approved by ICM 05 for 2004/05: US\$ 3,680 (second of three years: total request US\$ 11,040)

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FOR THE FINANCIAL YEAR 2005/2006

04-02 LATIN AMERICA/CARIBBEAN – Ecuador, Quito: Youth Training in Technologies

Location: Marginal neighbourhoods around Chimbacalle, in the south of Quito.

Background: Financial instability has resulted in government cutbacks in education at the same time that jobs are becoming scarce. Increasing poverty in Ecuador has left more than 75% of the people below the poverty level. Rural areas and towns are most affected, resulting in many people immigrating to urban areas. With a low level of education, no special skills and no knowledge of computers, most young people take low-paying jobs or work for those who do not respect their human rights. The lack of technical resources for such people also limits their opportunities to be self-employed. Hotels, offices and small businesses all need people with computer skills, but these are in short supply since the school system cannot afford this technology.

Project: The YMCA has agreements with high schools and universities in the south of Quito to promote a computer training centre in the Quito YMCA for youth with at least 10 years of education, at least 60% of whom will be women from low-income families who have not had such training, or need to improve their knowledge in that field. The program will also be promoted in elementary schools, youth organizations, neighbourhoods and churches. Courses for children 8-12 years old will include basic Word skills, typing, use of the Internet and creativity development. Older students (13-29 years old) will also gain basic knowledge of the hardware, and learn Excel, Power Point, Olympo, Adobe Photoshop and Premier, Publisher, Flash, Cool Edit, and Sound Force. In the first year, 3 promoters will train 100 youngsters in basic computer education, and 50 young persons will be trained for specific employment, with skills in multimedia presentations, design and publishing. A web page will be created with information on alternative youth employment opportunities and access to resources and information. In the second year, 6 trainers will teach 120 youngsters, 100 micro-enterprises will be started, and the web page will function for youth job applications. Through selling services (rental of equipment, document layout and printing, internet access, etc.) the Centre will become self-sustaining. It will be managed by those who have benefited by the courses.

<i>Budget:</i>	<u>year 1</u>	<u>year 2</u>	<u>total</u>
Trainers	\$7,200	\$9,600	16,800
Secretary	3,000	4,200	7,200
Consultants	3,300	0	3,300
Computers (10)	4,800	1,600	6,400
Printers	800	0	800
Camera, video, scanner, internet	1,520	1,000	2,520
Print training booklets	3,300	0	3,300
Installation of equipment	1,000	1,000	2,000
TOTAL COSTS:	24,920	17,400	42,320

They are requesting US\$22,720 the first year and \$12,800 the second for a total of \$35,520.

Approved by ICM 05 for 2005/06: US\$ 12,800
(second of two years: first year US\$ 22,720, total request US\$ 35,520)

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04-05 INDIA - Pulingome-Palavayal: Garden and Health Care

Location: Pulingome-Palavayal is in Cherupuzha Grama township (panchayath), a hilly rural area 70 km in the east of Kannur District in the northern part of Kerala state.

Background: About 65,000 people live in the district; 42,500 are marginal farmers, labourers and their families. They do not have access to vital information such as volunteers available for blood donation, professional courses on employment, details on speciality hospitals and doctors, advances in agricultural technology for local crops, etc.

Project: Improved conditions for the poor will be achieved by programs in agriculture, marketing, job creation and health services. Youth teams (75 trained members) in all 15 sections (wards) of Cherupuzha Grama township will conduct seminars, study camps, workshops, competitions, etc. on "Say NO to Violence," and will give training to the poor people to take up supplementary income generating activities using local seed varieties, producing vegetable crops organically, and marketing their produce independently. Farming will be encouraged by distribution of chicks to 1000 poor families, and goats to 400 families. Cancer detection programs and AIDS awareness campaigns will be offered. Rain water storage tanks will be constructed for 800 families and garbage bins will be installed in 50 places.

<i>Budget:</i> Team training	IRs.	25,000	US\$	500
Training materials, honorarium		55,000		1,100
Farmers training		20,000		400
Livestock (chicks, goats)		650,000		13,000
Cancer detection		300,000		6,000
AIDs awareness		400,000		8,000
Water storage tanks		3,200,000		64,000
Garbage bins		50,000		1,000
Composting		90,000		1,800
Organic cultivation		45,000		900
Competitions for youth		15,000		300
Administration		75,000		1,500
TOTAL COSTS:		4,925,000		98,500

They are requesting IRs. 1,461,000 (US\$30,000) over 3 years. The local Y's Men's Club is providing IRs. 1,162,000 and operating costs after the first 3 years. The balance of IRs. 2,302,000 will be sought from other agencies, including IRs. 125,000 from the Malabar Cancer Care Society, 150,000 from the state government, 915,000 from the township, and a similar amount from the beneficiaries.

Approved by ICM 05 for 2005/06 US\$ 10,000 (second of three years: total request US\$ 30,000)

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NEW PROJECTS

05-01 AFRICA – Ethiopia: Awareness and Knowledge on HIV/AIDS

Location: The eight branches of YMCA Ethiopia, located in Addis Ababa, Amhara, Oromia, Tigray and SPNNR Regions .

Background: Young people are the major concern of YMCA-Ethiopia, because they are of crucial importance for strategies stated in the mission of the association “putting Christian principles into practice through programs that build healthy Spirit, Mind and Body”. These are significant segments of the population who build the future Ethiopia. HIV/AIDS pandemic is not only a medical issue but also one of the greatest socio-economic challenges on the African continent today. According to the latest report from UNAID (2003) 40 million out of the world’s adults and children living with HIV/AIDS, about 27 million lives in Sub-Saharan Africa. An estimated 2.3 million Africans died of Aids in 2003 – it means about 2,667 dies every hour because of Aids. Although basic knowledge of HIV/AIDS has increased among young people in the recent years, it is still disturbingly low in many countries, especially among young women. People do not talk about AIDS freely and sexual affair is not open in society.

Project: The project is meant to benefit members and non-members of YMCA in all branches. The total target population is estimated to cover 72,274. This includes the direct beneficiaries, which include the youth, adults, families, local government & community leaders, children, PLWHA (People Living With HIV/AIDS), and people working in traditional practices. The major objective is to raise the level of awareness and knowledge on HIV/AIDS among the Youth and the community to minimize the spread of new HIV/AIDS infection through youth friendly service and peer educational programs. There will be given training to 24 youth and adult moderators. 16,000 adolescent schoolgirls will among others be trained about safe sex behaviour. Workshops will be established on the relationship of harmful traditional practice and HIV/AIDS for about 960 administrative, religious and community leaders. They will raise awareness and knowledge to HIV/AIDS for about 12,000 youth and 6,460 parents through youth and parents dialogue. In order to reach the under served young adults the youth centres must be equipped with audio-visual, indoor-games, table tennis etc.

Budget:

	<u>2005</u>	<u>2006</u>	<u>Total</u>
	US\$	US\$	US\$
General Administration	2.125	2.125	4.250
Equipment and Sport Materials	10.269	5.415	15.684
Cost of Advertising and Publicity	500	500	1.000
Education and Training	8.906	11.960	20.866
Monitoring and Evaluation	3.200	5.000	8.200
Expense			
Grand Total	25.000	25.000	50.000

Approved by ICM 05 for 2005/06: US\$ 25,000 (first of two years)

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05-02 AFRICA – Togo: Options for a better life/Fight against HIV/AIDS

Location: The area Aného and Baguida are situated about 25 km from the capital city Lamé

Background: Lack of education in family and at school.

Despite all the activities implemented and important means deployed during the past two decades by various activists, the results from the field works as well as operational researches shows that many still are ignorant and thus choose risky behaviours and practices in terms of sexuality, reproductive health or in terms of methods to fight STI (Sexually Transmitted Infections), HIV and AIDS.

There is a lack of quality knowledge about HIV/Aids. Young people only partly and vaguely know about HIV/AIDS and very few use contraceptive. Since June 1999, Togo YMCA as well as other West African countries have launched a program called "Option for a better life" collaboration with the YMCA of USA and financial support from Packard Foundation in USA. Within this program has been implemented the "Project of Education in Adolescent Reproductive Health, STI and HIV/AIDS". The project area was a group of six urban communities. The objective of the project was to sensitize and educate 12 500 youth in schools, vocational training centres and community groups, as well as 5000 adults.

Project: With background in the above-mentioned projects Togo YMCA wants, through the program "Better Life Option", to achieve: "A youth physically, morally and intellectually healthy, economically independent, well integrated into his family and community, educated trained and prepared to take responsibilities in order to become social change agent". The goal with this project is to contribute to the reduction of the spread of HIV/AIDS within the population through education, prevention and care services. The general objectives are to promote and emphasize the need of behaviour change vis à vis STIs – HIV/AIDS within the population through education and care services, and to promote a correct prevention message for the youth. The beneficiaries of the program are women, youth of 12 – 25 years old (in schools and out of schools).

The main actors of the project are: 1 national coordinator, 2 local coordinators, 2 supervisors, 2 field coordinators, the peer educators and 1 psychologist. Other participants are: Community Development Committees, various local associations and religious groups

Budget:

<u>Budget Headings</u>	As 1 April 2005	1 US\$ =506,101 CFA Franc		
		<u>2005</u>	<u>2006</u>	<u>Total</u>
		US\$	US\$	US\$
Data Collection		2.964	1.976	4.940
Training Sessions		3.557	2.470	6.027
Outreach Activities		7.904	9.287	17.191
Equipment		5.020	3.557	8.577
General Administration Funds		4.940	5.434	10.374
Coordination Team Allowances		5.691	6.260	11.951
Evaluation			1.482	1.482
Audit		988	988	1.976
Reserve		988	1.186	2.174
Total		32.052	32.640	64.692

Approved by ICM 05 for 2005/06: US\$ 25,000 (first of two years)

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05-03 AFRICA – Sierra Leone: Agricultural Input under YMCA

Location: Is not specified.

Background: Sierra Leone ToF project on Agric Input 00-02 started up immediately after the end of the civil war. Many were homeless as a result of the destruction of their houses, towns, villages and farm were abandoned. The farmers were now expected to return to start resettlement with virtually no food and no seed rice for agriculture. It was a 3-year project sponsored for one year by Y's Men International. 200 farmers returned with 2 bushel rice each (70½ dm³) as a loan to pay back after their harvest. When they paid back 200 new farmers could start up again. A total of about 600 farmers, their families and their communities have benefited from the project until now. After harvest the farmers were able to sell their surpluses to other farmers to get seed rice for planting. They were not depending on supply from donors but were now able to grow their own food and felt proud of themselves and found dignity in labour.

Project: According to the former Agriculture Input project it was expected, that the project should phase out this year. But it was decided that it was necessary to continue because the focus of the Government presently is on developmental projects and programmes and this include Agricultural projects. They felt it is necessary that YMCA continued to be a part of this. The following was decided: To maintain the project so that YMCA continue to be a part of the agricultural supporting agencies in the country. That the project be transferred to other areas that have not benefited from the Agric input under YMCA. That YMCA grows some quantity of rice so that this will later serve as seed bank after harvest and that part of it be supplied to the most vulnerable people and aged. Some of it can be used to add to the initial number of beneficiaries for subsequent farming season. In order to continue with the project financial assistance is needed.

Budget:

1 LE = 0,0004065 \$US	LE	In US\$
Food for work – 200 farmers x 60.000 LE (a bag of rice)	12.000.000	4.878
Transportation	3.000.000	1.220
Storage	2.000.000	813
Tools	3.000.000	1.220
Fertilizer	2.000.000	813
Administrative charges	2.000.000	813
Monitoring and evaluation	2.000.000	813
Grand Total	26.000.000	10.570

Approved by ICM 05 for 2005/06: US\$ 10,570

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05-04 EUROPE – Bulgaria, Plovdiv: YMCA Youth Social Centre

Location: City of Plovdiv – the second largest town in the country with 400.000 inhabitants. It is situated 150 km east of Sofia.

Background: In consequence of the deep crisis in the Bulgarian economy the financial resources for support of social and youth activities are strictly limited. Most of the children and youth's programmes and other initiatives are for the same reason limited. At least 220.000 have at least tried drugs once in their life. Four years ago 12% have tried drugs and today the percentage has risen to 23%. The children living in Orphanages in Plovdiv have to leave the state institutions when they reach the age of 18. Every year 20 young people have to leave the institutions and live in the streets. Three years ago the Municipality of Plovdiv constructed some small buildings to give shelter, but these buildings are not enough and the care for these young people are not suitable. In Plovdiv is also about 43.000 Romany. A great part of Romany children stay away from school and more than 40% do not finish the secondary school. This creates unqualified labourers. All Romany children meet difficulties in the acquisition of the Bulgarian language. In the families they only speak the gipsy language so when the children meet the Bulgarian language new problems arise. As a natural consequence of all problems, they become predisposed to criminal deeds.

At present YMCA Plovdiv is renting a small two-floor building at the centre of the town which are used for office and base for carrying out all their activities – including the meeting place for Y's Men's Club of Plovdiv. The building is nearly 100 years old and in a very bad condition.

Project: To receive a building plot from the local Municipality and to construct a building of 2 floors in order to realize the programs and activities of YMCA Plovdiv . The building is to be placed on a parcel of 740m² = 7.965,29 square feet. The first floor will be 444 m² with a big hall (up to 150 people) 120m² and a sports/fitness hall 90m² both of them 4 meters high - 2 education rooms 24 m² each, a room for creative work and playroom for children 36 m² + kitchen, office and toilets. On the second floor are 8 rooms for Hostel use – kitchen, bath and storeroom – total on second floor: 246 m².

Budget:

Budget for 2 years	Euro	US\$
1 Euro = 1.29220 US Dollar		
Primary architectural design	517	667
Administrative construction charges	597	770
Purchase licence for building	36.085	46.550
Architectural - construction design	4.650	5.999
Construction of the building	155.250	200.273
Supervision – 2 % of construction price	3.105	4.005
Government and Muncipal charges	413	533
Total	200.617	258.796
Expected financial resources		
Y's Men Region Denmark	77.000	99.330
Support from other organisations	25.332	32.678
Remainder to be covered	98.294	126.788
Grant from ToF	45.500	58.050

Approved by ICM 05 for 2005/06: US\$ 29,025 (first of two years)

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05-05 EUROPE – Czech Republic, Litomysl: HIV/AIDS prevention project – EAY

Location: EAY Training Centre (TC) in Litomysl is located 150 kilometres east of Prague. It was established 2001 and is serving the whole European YMCA movement.

Background: The centre provides training and support in the following form: Centre based training, training library and database, in-the-field training. Partners in the project EAY TC: European Alliance of YMCA, Litomysl City Council, YMCA Team, Czech local YMCA Movement. Eastern Europe has the fastest growing AIDS epidemic in the world. It is also on rise again in Western Europe, causing new concern about the spread of the infection in areas thought relatively safe. Across Eastern Europe and the central Asian Republics the number of AIDS cases has grown from 30.000 in 1995 to 1,5 million now - a fifty-fold increase in 10 years. In Western Europe the incidence has risen to between half a million and 600.000 cases.

Project: With the right information at the right place you can reach many people. The idea is to educate trainers and lecturers, 40 persons each year over 3 years. The direct output of this project brings well-educated and trained lecturers from national YMCA movements through the project “YMCA against HIV/AIDS” and as a sub-project, “The week for life”. It allows not only theoretical training but also practice among pupils and students in Litomysl. This is a way to bind together theory and practice. To be a resource centre and teaching centre of excellence for youth workers and leaders in HIV/AIDS information, knowledge and prevention, with running of specific HIV/AIDS courses to begin the cascade offensive of training on HIV/AIDS prevention in Europe, ToF could help by support with equipment and production cost for promotion material.

Budget:

Exchange rate: 1 Czech koruna=0,04357 US\$	CZK	US\$
Projection technique	117.500	5.120
Sound system	176.850	7.705
Training lecture material (English, Russian, Czech language), cost for trainers		2.200
Staff costs for executing of the lectures at time of project	16.300	710
Running costs for time of project	65.000	2.830
Cost Year 1:		18.565
Training lecture material, cost for trainers		2.000
Staff costs for executing of the lectures at time of project	17.200	750
Running costs for time of project	70.000	3.050
Cost year 2:		5.800
Training lecture material, cost for trainers		1.800
Staff costs for executing of the lectures at time of project	18.000	785
Running costs for time of project	75.000	3.270
Final reports costs, digital photo, presentation, video		500
Cost year 3		6.355
Overall Total for year 1+2+3		30.720
EAY applies for		30.000

Approved by ICM 05 for 2005/06: US\$ 18,565 (1st of 3 years: 2nd year \$5,800; 3rd year \$6,355)

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05-06 INDIA: Pathanapuram Training Centre/HIV-AIDS Awareness

Location: Pathanapuram is situated 50 km northeast of the harbour-city Kollam in the southern part of Kerala State.

Background: Kerala State between the ocean and the mountains has a population of 31.838.619 and a density of population being 819 pr. km². They have in 2003 between 70.000 and 100.000 AIDS patients and HIV carriers. Pathanapuram and its surroundings is the most affected and vulnerable area in the State with 202 AIDS patients and about 5000 HIV carriers. Neither Government nor other private agency including YMCA has any kinds of control with HIV/AIDS. The region Pathanapuram shares its border to Tamil Nadu from where Keralites get their supplies, such as food stuff, vegetables, cattle feed, fish, cement, construction materials by regular lorry services, at least 200 daily. There is also migration of plantation and construction labourers, male and female, to this region from Tamil Nadu. Most of those labourers are illiterate and without good health habits. This region is vulnerable to spread of HIV/AIDS, the reasons being: underdeveloped and backward area, interstate migration of plantation and construction labourers, arrival and stay of interstate drivers and illegal and unhealthy sex practices.

Project: 1. They will train women in "Home Nursing" and utilize their services to control HIV/AIDS affected area by way of teaching the public "better and safe sex practices, use of condoms etc". The club has decided to open a Centre for training "Home Nurses" in this rural back drop. 4 groups, 15 students each in one session. 2. Regular classes, as situation requires, on HIV/AIDS. Arranging seminars/workshops with help of equipment and acquiring study materials.

What is needed: 10 cent (310 m²) for building and setting up the training centre. This land shall be in the town easily accessible by public transport, but no cause of problems to neighbours. A concrete building with 900 sq.ft. (83,6 m²) free floor area, 600 sq.ft. (55,7 m²) for classroom and the rest 300 sq.ft. (27,8 m²) for kitchen, pantry, one open well, overhead water tank and delivery system complete with motor pump and classroom furniture, equipment, LCD projector, computer, overhead projector with screen.

Budget: Total cost of the project, except those remaining such as wages to faculties, services, management and teaching materials and accessories:

1 Indian Rupee (INR) = 0,023 US\$	INR	US\$
10 cent of land	400.000	9.200
Training Centre	750.000	17.250
Open well, overhead tank and pump	35.000	805
Equipment	130.000	2.300
Unforeseen	25.000	575
Total	1.340.000	30.130

Requested from TOF: US\$ 21,620

Approved by ICM 05 for 2005/06: US\$ 11,620 (first of two years)

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05-07 INDIA: Centre for Return to Healthy Life, Virudhunagar

Location: Virudhunagar, 50 km south of Mandurai in Tamil Nadu state, south India.

Background: The Y's Men's Club of Virudhunagar received 19.354 US\$ as ToF grant 95-07 Y's Men's Blind Rehabilitation centre. This centre has been in function the past 11 years and today 25 blind women are staying in the centre and they are provided with free food, clothing and medicines. They are given vocational training in making plastic wire baskets, scented sticks e.g. Up till now about 80 girls have gone out of this centre. 10 have subsequently married and 5 are music teachers or operators. In Virudhunagar District are nearly 15.000 persons physically handicapped with poliomyelitis.

Project: Today AIDS is a threat for the entire world. The number of AIDS patients in Tamilnadu alone is about 40.000, and there is a remarkable trend for sharp rise in this number. They will set focus on prevention through wide publicity about the seriousness of the disease by hands bills, posters and cinema slides, arrange TV and video shows to the general public, by organising Voluntary Counselling and Testing Centre (VCTC) in their proposed building, pre counselling to the suspected persons, free blood tests for AIDS in a well established laboratory, post counselling to the HIV-positive cases – medical and psychological, teach about the use of condom, supply high quality condoms, get help and assistance from women's self-help-group and District Rehabilitation Department, pregnant mothers can be screened and given treatment so that their children will be HIV-negative. Children born out of HIV-positive parents who were rendered homeless, will be accommodated and given free food, medicines etc.

The Y's Men's Club also intend to extend their helping hand to the physically handicapped, to overcome their disability and misfortune in life. Young physically handicapped adults are given appropriate skilled training in making paper bags/decorative items in paper- mache. The projects provide them free food, clothing and medical care and training in daily living - such as cooking, washing and kitchen gardening and many other skills.

Therefore they wish to build a Centre of "Return to Healthy Life" on a land, which they have purchased, with an area of 21 cents (650,33 m²). On this land they want to build a house with the size of 115 m², with a room for reception and waiting, two rooms for counselling, a doctors room, a lab room and a hall/ bedroom for orphanage children. The Virudhunagar Branch of YMCA will give all the necessary help and cooperation in making this project a reality and YMCA will be involved in all the activities of this project.

Budget:

	INR	US\$
1 Indian Rupee (INR) = 0,023 US\$		
Land 21 cents	520.000	11.990
Building cost with fencing and Bore motor	1.130.000	25.990
Operating recurring expenses (salaries)	356.400	8.197
Food for orphaned children and Disabled and Medicines	240.000	5.520
Equipment, typewriter, Three wheeler – Auto Rickshaw	500.000	11.500
Total	2.746.400	63.197

Requested from TOF: US\$ 34,500

Approved by ICM 05 for 2005/06: US\$ 17,500 (first of two years)

Y'S
MEN
INTERNATIONAL

PROJECTS APPROVED FOR FUNDING FROM TIME OF FAST
FOR THE FINANCIAL YEAR 2005/2006

05-08 INDIA: Primary Awareness of HIV/AIDS, Kolencherry

Location: Kolencherry is an upcoming town, 26 km east of Kochin, the industrial city of Kerala.

Background: A few decades ago Kolencherry was a small village inhabited by educationally and financially backward people. The "St. Peter's and St. Poul's Church", founded in 7th century, was the only important institutions at that time. Kolencherry has now grown to the stage of a well known town with several educational institutions, hospitals, Government Offices, social service organisations etc. Educational institutions from lower Primary level to Medical Studies can be found, and a super speciality hospital too, a first grade college, various government offices, a good number of new generation Banks and Nationalized banks with modern facilities have turned this rural area to a well developed township. The YMCA Regional Council and the youth forum of the Council meeting had after a detailed discussion made a clarion call to all the YMCAs to sharpen their attention on the youth, particularly in exploring ways and means to address the emerging youth issues such as HIV/AIDS, STD (sexual transmitted diseases) and Addiction to Alcohol and drugs. It is estimated that there are 70.000 HIV-positive known cases in Kerala. This may not be alarming compared to other states, but viewed from another angle: This state had the highest literacy in the country. However employment opportunities here are very limited so most of the educated youth move to the Urban centres of other states in search of employment and many temptations are waiting for this inexperienced youngster. The very first contact with a HIV-positive may be sufficient to get infected.

Project: This programme is set up in 4 well-described phases and levels. The aims and objectives are to provide primary awareness on STD/HIV/AIDS and addictions among the youth through information, education and counselling. The plan is to initiate the programmes at 4 selected educational institutions in Kolencherry as a pilot project during the year. An expert committee appointed by the YMCA will make the selection of the institutions. The programme will be implemented through the active involvement of the college management, staff and students of the respective institutions. It is the hope that on completion of the first year there will be 4 college managers who are concerned on the issues of the students, 30 trained Professors/teachers who are deeply committed to the issue of HIV/AIDS, 200 trained students activists who are motivated to work against AIDS and other issues of the people, 2000 student who are fully aware on the issues of AIDS/HIV, STD and consequences of various addictions and that several Communities which are aware on the issue of AIDS and addictions. It is also a hope, that this programme will motivate the YMCAs and Y's Men's Clubs in this region to take up similar initiatives in their areas.

Budget

1 Indian Rupee (INR) = 0,023 US\$	Total Budget	In US\$	YMCA In US\$	Grant Requested	In US\$
Project Coordinator etc.	156.000	3.588		156.000	3.588
Operation Cost- copy etc.	54.000	1.242		54.000	1.242
Training, material etc.	646.600	14.872	1.265	591.600	13.607
Doctors + medicine, care	10.000	230	46	8.000	184
Sensitization, training etc.	24.000	552	58	21.500	494
Monitoring, meetings etc.	66.000	1.518	116	61.000	1.403
Total	956.600	22.002	1.484	892.100	20.518
Ext.Y build 3000sq.ft.(279 m²)	1.500.00	34.500		500.000	11.500
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Requested from TOF: US\$ 32,018

Approved by ICM 05 for 2005/06: US\$ 20,518 (first of two years)