

Y'S
MEN
INTERNATIONAL

PROJECTS APPROVED FOR FUNDING FROM TIME OF FAST
FOR THE FINANCIAL YEAR 2007/2008

05-05 (Ongoing) EUROPE – Czech Republic, Litomysl: HIV/AIDS prevention project – EAY

Location: EAY Training Centre (TC) in Litomysl is located 150 kilometres east of Prague. It was established 2001 and is serving the whole European YMCA movement.

Background: The centre provides training and support in the following form: Centre based training, training library and database, in-the-field training. Partners in the project EAY TC: European Alliance of YMCA, Litomysl City Council, YMCA Team, Czech local YMCA Movement. Eastern Europe has the fastest growing AIDS epidemic in the world. It is also on rise again in Western Europe, causing new concern about the spread of the infection in areas thought relatively safe. Across Eastern Europe and the central Asian Republics the number of AIDS cases has grown from 30.000 in 1995 to 1,5 million now - a fifty-fold increase in 10 years. In Western Europe the incidence has risen to between half a million and 600.000 cases.

Project: With the right information at the right place you can reach many people. The idea is to educate trainers and lecturers, 40 persons each year over 3 years. The direct output of this project brings well-educated and trained lecturers from national YMCA movements through the project "YMCA against HIV/AIDS" and as a sub-project, "The week for life". It allows not only theoretical training but also practice among pupils and students in Litomysl. This is a way to bind together theory and practice. To be a resource centre and teaching centre of excellence for youth workers and leaders in HIV/AIDS information, knowledge and prevention, with running of specific HIV/AIDS courses to begin the cascade offensive of training on HIV/AIDS prevention in Europe, ToF could help by support with equipment and production cost for promotion material.

Budget:

	CZK	US\$
Exchange rate: 1 Czech koruna=0,04357 US\$		
Projection technique	117.500	5.120
Sound system	176.850	7.705
Training lecture material (English, Russian, Czech language), cost for trainers		2.200
Staff costs for executing of the lectures at time of project	16.300	710
Running costs for time of project	65.000	2.830
Cost Year 1:		18.565
Training lecture material, cost for trainers		2.000
Staff costs for executing of the lectures at time of project	17.200	750
Running costs for time of project	70.000	3.050
Cost year 2:		5.800
Training lecture material, cost for trainers		1.800
Staff costs for executing of the lectures at time of project	18.000	785
Running costs for time of project	75.000	3.270
Final reports costs, digital photo, presentation, video		500
Cost year 3		6.355
Overall Total for year 1+2+3		30.720
EAY applies for		30.000

Approved by ICM 07 for 2007/08: CHF 7,791

Third of three years: first year US\$ 18,565, second year US\$ 5,800

PROJECTS APPROVED FOR FUNDING FROM TIME OF FAST
FOR THE FINANCIAL YEAR 2007/2008

06-06 India: Y's Men's Club of Trivandrum North: HIV/Aids Awareness (Ongoing) Program in Coastal Areas in four Districts of Kerala, India

Location: The project area is situated in the south-west coastal areas of Kerala State in India.

Background: Kerala is an important spot for the tourists world over. Large numbers of tourists are coming to Kerala every year from around the world and have a short stay in the coastal areas. These areas has an increased the risk of HIV transmission due to the overstressed health care services, increased poverty, loss of income and social instability. In times of crisis and poverty, the erosion of social safety nets such as family and community increases the vulnerabilities of women and children in particular. In addition, some HIV interventions were temporarily stopped or slowed down due the usual delays by the Government. It is estimated that up to 75.000 are infected with HIV in Kerala. Infection has moved out from the high-risk group into the general population. Awareness of migrants regarding Aids is low because of unfamiliarity with the local language. Interventions among those who migrate for work should be done before they leave. Cooperation with other states and even work with organisations abroad is required. The Y's Men's Club of Trivandrum North has made a random survey in the coastal areas of the four districts of Kerala State, namely Trivandrum, Kollam, Alleppey and Ernakulam and identified a large number of persons suffering for this disease.

Project: Y's Men International and National Association for the Blind (NAB) will, through this Comprehensive Awareness Programme in these four districts, conduct awareness programs for prevention of HIV/Aids and Social re-integration to address trafficking. The strategy will be to prevent further spread of HIV in the Coastal areas and ensure care and support for people living with HIV, in nearby centres run by Government/Non Government Agencies. The Project plans to do the same by the following activities in four Districts: 1. Mainstream people affected with HIV/Aids, in all parts of recovery and rehabilitation programmes. 2. Conduct large-scale communication campaigns targeting the affected communities. 3. Conduct awareness campaigns targeting population groups at higher risk of HIV infection through Panchayat leaders, youth Clubs, Women Self Help Groups, etc. 4. Train NGOs/CBOs working on recovery and rehabilitation to mainstream HIV prevention and counselling issues. 5. School Aids Awareness Program targeting school children under the age of 13-18 years. The proposed project will be implemented in the project area for two years and ultimately will be handed over to the Community. After the proposed period of two years the Y's Men's members will monitor the program for two more years to help the community to independently organize the awareness programmes.

Budget:

	1st year		2nd year	
1 INR = 0.0221411 US\$	INR	US\$	INR	US\$
Printing brochures-4 districts	50.000	1.107	50.000	1.107
Expenses for one Awareness Programme for 30 participants: I RS10.000				
1 st year: 2 Programmes x 12 months x 4 district	960.000	21.254		
2 nd year: 1 Programmes x 12 month x 4 district			480.000	10.627
Handicam for recording the cases, incident etc.	50.000	1.107		
Digital camera	20.000	442		
Slide projector for Awareness Programmes	25.000	554		
LCD Projector for showing Awareness Progr.	125.000	2.767		
Overhead projector	20.000	442		
Laptop Computer	60.000	1.346		
Travel and Administration Expenses for organisers	240.000	5.313	120.000	2.657
Total Expenses:	1.550.000	34.332	650.000	14.391

Comments from committee members: Nowhere in their apply is said how much Y's Men's Club of Trivandrum North expect from ToF – and how much they offer themselves. The program is financially ambitious, with more than US\$ 6.600 to be spent on cameras, projection equipment and other electronic devices and a very large amount US\$ 21.000 for 30 participants, which needs to be explained. Who will provide the facilities during the project?

Clearly defined activities, which includes Training of Trainers, which will provide continuity for the programme after the initial 2 years. Suggest funding of US\$ 18.000 for the first year running only 1 programme for the 4 districts to be followed by 2 programmes in the second year with funding of US\$ 22.500. Also suggest that YMC and NAB be asked to contribute US\$ 4000 each towards the project.

Approved by ICM 07 for 2007/08: CHF 17,643

Second of two years: first year US\$ 30,000

PROJECTS APPROVED FOR FUNDING FROM TIME OF FAST
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**TOF 07-01 Africa: Uganda - Mukono Y's Men's Club
(New) Garbage week of prayer in Mukono Town Council**

Location: Mukono Town Council is one of the very fast growing towns in Uganda. It is situated 19 km east of Kampala, the capital city of Uganda and covers four wards namely: Nsube/Kanja, Namumira, Gulu and Ntawo. It has a population of 50,000 people.

Background: Mukono Town Council is in Buganda Kingdom where the culture is that people eat steamed food rapped in banana leaves which are thrown to waste after use. While the management of the town has tried its best to provide areas where garbage should be dumped, the residents continue to litter the town with garbage causing health problems especially to the residents.

Significance of this undertaking:

1. The aim of Y's Men International Mukono Club is creating awareness among the residents of Mukono Town Council of the dangers created by littering garbage in the town.
2. To look for companies and NGOs which are willing to work together with Mukono Y's Men's Club and Mukono Town Council authorities to create the above awareness.
3. To build a culture of dumping garbage in proper places.

Targeted beneficiaries:

1. The residents of Mukono Town Council
2. The schools within Mukono Town Council
3. The general public

Groups to be involved:

1. Mukono Y's Men's Club
2. Mukono Town Council
3. Mukono District Council (Directorate Natural Resources)
4. MTN
5. Coca Cola

Intended activities:

1. Write to Mukono Town Council and Mukono District Council (Directorate Natural Resources) about the proposal.
2. Select the week in which the activities would be done.
3. Write to MTN and Coca Cola requesting them to help in the facilitation.
4. Write to all churches and Mosques about the proposal.
5. Identify places in the four wards where the activities would take place.
6. Identify the schools to be involved. Give it one month publicity.
7. Monday to Thursday: Sensitization exercise in each ward.
8. Friday: Painting pavement in the town centre and at works directorate in the morning, 1.00 pm getting involved in the Juma prayers at the main Mosque in the town and give a 20 minutes sensitization on garbage management.
9. Saturday: Get involved in the SDA church service at the main church and deliver the garbage management.
10. Get involved in service in Anglican, Catholic, Pentecostal and other churches in Mukono Town Council.
1.00 pm: Marching around the Town Council led by a brass band
3.00 pm: Guest of honour addresses the residents about garbage management.

Budget:

Item	Person/Groups Involved materials	No.	Cost UGX	Total cost UGX
Sensitizing	Local Council/Executive	40	36,000/=	
Transport of facilitators	Eight schools	4	120,000/=	
Painting	Paint	10 tins	150,000/=	
	Brushes	10	30,000/=	
Labour	Technical guides	2	60,000/=	
Transport for sensitizing	Churches	4	120,000/=	
Hire	Brass band	1	300,000/=	
Refreshments	Participants	400		
	Soda	400	240,000/=	
	Tents	2	300,000/=	
	Chairs	400	200,000/=	
				1,556,000/=

100,000 UGX ≈ 55 USD ≈ 68 CHF

Approx. 1,058 CHF

Approved by ICM 07 for 2007/08: CHF 1,058

cl/MyDocs/TOF/07-01 Uganda

PROJECTS APPROVED FOR FUNDING FROM TIME OF FAST
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TOF 07-02 Africa: Kenya - Kenya YMCA
(New) Kenya YMCA Info/Health Center

Location: Nairobi and Thika, Kenya

Background: Kenya is among the hardest hit countries by the HIV/AIDS pandemic in Sub Saharan Africa. With a national prevalence rate of 9.4 %, the country is in dire need of measures and programmes not only control the spread of the virus but to also take care of the 2.3 million Kenyans living the HIV virus.

With the failing economy, prevailing stigmatization and discrimination of the infected and affected, many lives have been lost. Not because of the virus, but the lack of care which includes a good nutrition and medication.

Over the years, we have witnessed persons living with the HIV virus dismissed from their work places just because of their HIV status, others especially widows and orphans have been disinherited and others are just too weak to work for their own food. These among others have contributed heavily to the declining health of so many people who succumb AIDS within a very short time and in a very painful way.

Project: The programme will run in two Kenya YMCA local branches, Thika and Nairobi central. The programme seeks to improve the lives of people living with HIV virus by providing them with free antiretroviral therapy, food and counselling. The programme also aims at improving the knowledge of HIV/AIDS and reproductive health among the youth through the establishment of an all rounded resource center and various advocacy programmes.

The Info/Health Center will comprise of the following services:

Anti Retroviral Therapy and Feeding Programme

ART is the provision of counselling, HIV care and Anti-retroviral drugs (ARV) to assist people living with the HIV virus to improve the quality of their lives. ART requires taking several different tablets every day and together they slow down the ability of the virus to multiply in the body and thus attack the immune system. This also allows the immune system to get stronger so it can fight any opportunist infections.

While in the west the disease has been reduced to a clinical disease that can be managed over a lifetime, in Africa it is still fatal as most people living with the HIV virus cannot afford the drugs and neither a well-balanced meal since most of them are not working.

Counselling/Group therapy

Other than the counselling received at the VCT center, members will be counselled on various issues like sexuality, STIs, reproductive health and general counselling as well as group therapies for the infected.

Resource Center

The resource center will be based at the Nairobi Central branch where the number of youth members is high and are active in HIV/AIDS and reproductive health peer education. The center will constitute a well organized library with all available materials and data both electronic and print with topics ranging from HIV/AIDS, reproductive health – STIs, and all humanitarian issues that are of relevance to the youth and community.

Advocacy programme

Information, education and communication materials will be developed and disseminated to as many people as possible in the two communities – Thika and Nairobi.

Objectives: - To provide free anti-retroviral therapy to 50 people for one year; - To provide basic food to 50 people living with the HIV virus; - To develop HIV/AIDS information, education and communication materials for effective behaviour change; - To provide and promote youth volunteerism by equipping volunteers with adequate knowledge; - To advocate against the continued stigmatization and discrimination of people infected and affected by the HIV virus.

Budget:

Item	KES
ART & Reproductive Health Services	530,000
Food stuff purchases	90,000
Resource center development	700,000
Advocacy (IEC)	200,000
Personnel	360,000
Administration & Coordination	188,000
Contingency	32,000
Total	2,100,000

100.000 KES ≈ 1,520 USD ≈ 1,860 CHF

Approx. 39,060 CHF

Approved by ICM 07 for 2007/08: CHF 39,060

cl/MyDocs/TOF/07-02 Kenya

**PROJECTS APPROVED FOR FUNDING FROM TIME OF FAST
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**TOF 07-03 India: Y's Men's Club of Kanhangad, West India Region
(New) Mission Awareness (An HIV/AIDS Awareness Programme)**

Location: The Coastal region of Kasaragod District, North western part of the Kerala State, India

Background: Kerala is well known for its socioeconomic advancement among other states. Lying in the north western part of the state of Kerala, Kasaragod District was formed on 24 May 1984. When comparing with the State average, the district is evidently backwards in literacy, industry, health, sanitation and many other areas. Contrary to the Kerala State average, the income per capita disparity is more in this district. A good number of people of this district are either working in the Middle East or in other states, especially in the state of Maharashtra and particularly in Mumbai. This district has a concentration of migrant labour class among the other districts. This makes them more susceptible to the risk of HIV/AIDS. Studies conducted by the Government as well as NGOs prove, that the district of Kasaragod, especially its coastal areas, hosts the maximum number of people infected and people who are prone to be infected are constantly rising. To make it worse, the coastal area of Kasaragod has a complex texture of less literate and orthodox religious groups and less literate low earning fishermen community. The low rate of literacy, high rate of poverty and distinctive income disparity along with the delicate religious structure of the society are creating greater damage to the preventive work of the organisations. The people of this area have a direct or indirect link with the state of Maharashtra, where the highest number of cases of HIV/AIDS are reported so far.

Project: The selection of resource volunteer will be found at Rural Adolescent Clubs, Higher Secondary Schools, Colleges, National Service Scheme Members, self help group members of rural areas and recommended persons from Municipal/Panchayath Representatives. Training of selected persons will be imparted at the instituted training facility by professionals (hired, non hired or deputed by Government/NGOs). It will be a two day training programme for each team of 10 volunteers with financial assistance and material support. The trained volunteers will hold study classes, seminars, conventions and one to one information at the area they represent. Such programme will take place at least once every month by each trained volunteer. On monthly basis the trained volunteers report to the professional co-ordinator. This project is planned to be implemented in four phases consisting of six months each. On district level/Panchayath level programmes will be organized by the project officer directly on a monthly basis with help of trained volunteers and other NGOs.

After phase IV, the project will continue in co-operation with Self Help Groups for at least three year. The reduced cost will be born by the Y's Men's Club of Kanhangad and its sponsors.

Expected number of beneficiaries: 199,890 individuals directly and 469,850 individuals indirectly.

Budget:

Item	Total cost		Club contribution		Requested from ToF	
	Ph. I + II	III+ V	Ph. I + II	III + IV	Ph. I + II	III + IV
Rent to training facility	30,000		15,000		15,000	
		30,000		15,000		15,000
Office expence	18,000		9,000		9,000	
		18,000		9,000		9,000
Training equipment: Laptop, LCD Projector, OHP etc.	280,600		140,300		140,300	
Office stationary (Recurring expence)	6,000		3,000		3,000	
		6,000		3,000		3,000
Office stationary (Furniture)	15,000		7,500		7,500	
Honorarium to the Project officer	60,000		30,000		30,000	
		60,000		30,000		30,000
Honorarium to Office assistant	30,000		15,000		15,000	
		30,000		15,000		15,000
Training expenses	55,000		27,500		27,500	
		20,000		10,000		10,000
Expenses to reimburse to Volunteer trainees	390,000		195,000		195,000	
		720,000		360,000		360,000
Cost of publicity (Slide-shows, CD's, Book-lets etc)	200,000		100,000		100,000	
		200,000		100,000		100,000
Transportation, Conveyance etc.	48,000		24,000		24,000	
		48,000		24,000		24,000
Unforeseen/Miscellaneous	5,000		2,500		2,500	
		5,000		2,500		2,500
Total	1,137,600	1,137,000	568,800	568,500	568,800	568,500

100,000 INR ≈ 2,412 USD ≈ 2,957 CHF

Approx. 16,819 CHF

Approx.16,811 CHF

Approved by ICM 07: CHF 16,819 for 2007/08, CHF 16,811 for 2008/09

cl/MyDocs/TOF/07-03 India-Kanhangad

PROJECTS APPROVED FOR FUNDING FROM TIME OF FAST
FOR THE FINANCIAL YEAR 2007/2008

TOF 07-04 Latin America/Caribbean: YMCA (ACJ) of Peru - El Milagro, Peru
(New) El Milagro Refuse Sorter's Community Strengthening and Civic Empowerment Programme

Location: The town of El Milagro, north of Lima, Peru

Background: Direct beneficiaries have been identified through a community consultation process conducted at the end of 2004.

They are:

1. Children and young people, age 6 – 25, living on less than 1 USD per day, living and/or working on the refuse site; not attending school or demonstrating poor attendance/attainment levels; at least 50 % female; family members work as refuse sorters; evidence of family breakdown and conflict
2. Parents or carers of children and young people and refuse site workers living in extreme poverty; limited access to basic services (water, electricity, health and education); at least 50 % female and 20 % single parents

Project: The programme aims to enhance, in a sustainable way, the socio-economic situation of the most marginalised working children and young people and their families in the refuse sorter community of El Milagro and reduce the vulnerability of children and young people to the most hazardous forms of child labour. It will do this by equipping members of the community with the skills and knowledge to undertake community development in the areas of education and health promotion and exercise their civil rights and responsibilities. It will also aim to overcome discrimination and lack of understanding of refuse sorter's right and needs, among refuse sorters themselves and local service providers and foster civil society and government collaboration to address problems related to education and preventative healthcare.

The programme will seek to address social, economic and political problems by working in the following key areas:

1. Awareness-raising and local government and community collaboration
2. Economic empowerment
3. Civic education and strengthening of civil society

In order to ensure the success of the Programme with the joint efforts of the YMCA of Peru, Y'Care International and the City council of Zaragoza (Spain), the first stage of the Center of Welcome for the Protection, Autonomy and Integral Development of children and young people who work in the Refuse Sorter's of El Milagro is concluded. This modern Center have a classroom, a room of multiple use, a bakery, a warehouse, cooks, toilets, market garden and farm and recreational area; everything in a space of 596 m².

In the meantime DFID (Department for International Development-UK) finances 100 % of the operation of the Programme. They offer infrastructure, equipment, payment of personnel and educational material for social processes. Nevertheless, as far as infrastructure, their support has only been bound to the bakery.

Given the dimension of the Programme and the anticipated impact, it is necessary to build a second floor that facilitates the work through another classroom, a doctor-psychological doctor's office, a library and two administrative offices, totally 153 m².

For this reason we have asked the construction company to project a second floor. We ask Y's Men International to finance this construction.

Budget:

General Operations	PEN (2006-10)	Building the second floor	PEN
Computers, equipment for leisure and sports, bakery utilities	214,837	Construction: Pillars, beams, concrete, stairs	31,450
Cost for personnel	521,759	Masonry, wood works, metal works, windows	20,970
Office equipment, maintenance, security, training of staff	175,830	Electric installations	3,500
Program activities, literacy courses, refreshments, promotion	493,142	Miscellaneous	6,715
Monitoring, evaluation, information spreading, translation	396,669	Tax	11,900
Total	1,802,237	Total requested (ToF)	74,535

10,000 PEN ≈ 3,026 USD ≈ 3,710 CHF

Approx. 27,656 CHF

Approved by ICM 07 for 2007/08: CHF 27,656

cl/MyDocs/TOF/07-04 Peru (corrected)

PROJECTS APPROVED FOR FUNDING FROM TIME OF FAST
FOR THE FINANCIAL YEAR 2007/2008

TOF 07-05 Latin America/Caribbean: YMCA of Costa Rica
(New) Project of Promotion and Defence of the Rights of Indigenous Children of Talamanca, Costa Rica

Location: Cabecar and Bribri Reserves in Talamanca, province of Limón, Costa Rica

Background: The project is directed to children, adolescents and adults who are in charge of them, living on the Cabecar and Bribri Reserves in Talamanca, which have appr. 9,700 indigenous people.

In Costa Rica, according to official data, the indigenous population represents 1,7 % of totally 63,876 native people identified. The indigenous people are distributed in 22 reserves, belonging to eight different indigenous communities, each one with its own characteristics, language and culture.

The indigenous in Costa Rica is a group that faces extreme poverty with short life expectancy and their access to the services of health and education is much smaller than the rest of the population. The indigenous children live in a extreme condition of marginality. Their rights are systematically violated, ignored and failed to fulfil to a degree much greater than other kids.

Project: The project take place in the Indigenous Reserve of Talamanca as a combined action between YMCA of Costa Rica and the Association Educative Farm (conformed 100 % by Indigenous people of the Reserve of Talamanca) and will take care of indigenous children between the ages of 8 and 17 years.

The project will promote the rights of children and adolescents established in the Convention of United Nations on the Rights of the Child and in the Declaration of Rights of the Indigenous Peoples.

We will emphasize on education, providing scholastic support and material. The three main problems that affect the right to education for indigenous children are: the lack of access, the low quality and the lack of local control of the cultural aspects.

We will work with prevention of the sexual abuse and the early maternity of indigenous girls, which is a result of the cultural practice that tolerates sexual relations between young girls and their parents, uncles, stepfathers or other people in charge of their care, in spite of their defencelessness in this situation.

Objectives:

To offer a space where the indigenous kids can share their vision of the world surrounding them, their expectations for the future and their identity as indigenous people.

To protect the indigenous children and adolescents right to education through scholastic support and provision of material.

To strengthen the indigenous children and adolescents right of protection, as established in the Convention, by working against any cultural practice that allows sexual abuse by relatives and/or any other person.

To fulfill the right to play through recreational activities for kids and adolescents of the region of Talamanca.

Beneficiaries:

300 indigenous children will have shared their vision of the world surrounding them, their expectations of the future and will have strengthened their identity as indigenous people.

100 kids and adolescents of the ten indigenous communities in the region of Talamanca will receive a donation of scholastic material.

160 indigenous girls and adolescents, along with their mothers, will be made conscious and reflect about the permissive attitude to the sexual abuse of girls and adolescents in the community and will take concrete actions to change the situation.

100 kids and adolescents of the indigenous communities will have participated in a recreational camp in the facilities of the Educative Farm.

Budget:

Activities	Requested from Time of Fast USD	Contribution from YMCA of Costa Rica USD	Contribution from Educative Farm USD	Total USD
Professional Services	12,000	12,000	3,000	27,000
2 camps (50 children each)	3,500	1,500	1,000	6,000
3 workshops (sexual abuse)	2,000	700	300	3,000
Scholastic support	2,500	0	0	2,500
Provision of material	3,000	250	0	3,250
Didactic material	3,500	0	0	3,500
Transportation	2,000	0	0	2,000
TOTAL	28,500	14,450	4,300	47,250

1,000 USD ≈ 1,226 CHF

Approx. 34,941 CHF

Approved by ICM 07 for 2007/08: CHF 34,941

PROJECTS APPROVED FOR FUNDING FROM TIME OF FAST
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**TOF 07-06 India: Y's Men's Club of Thoppumpady, Mid West India Region
(New) "Prathyasa" – A Y's Home for AIDS Awareness and Rehabilitation**

Location: Chirakkal, Palluruthy, Cochin , India which is appr. 4 km from the centre of Thoppumpady and Mattancherry Towns and appr. 2 km from the sea shore. The locality is also 7 km from Wellington Island which harbours the port of Cochin.

Background: The town of Thoppumpady is the commercial centre of the fishing community. It has a fishing harbour where trucks, container lorries, trailers and a large numbers of traders from various parts of the state regularly visit. Being a port, taxis, coaches and sea farers through the small town of Thoppumpady to make a living. In addition, anti-social elements, sex workers, pickpockets and pimps are also frequent visitors to this town. All this and other factors have contributed the areas of Chirakkal, Palluruthy, Mattancherry and Thoppumpady being thronged by a horde of slum, where cleanliness, medical check up and other facilities are rarely shared.

Project: To construct a building which could house the project and also act as a utility centre for the rehabilitated individuals by giving them vocational training so that they will feel a part of the society and help them to lead a normal life. The centre plans to organize seminars and workshops for general awareness on HIV/AIDS within selected target groups such as truck drivers, slum dwellers, youth, young women, school teachers, tribal community workers, migrant workers and commercially exploited women. Essential life skills, prevention measures, income generating activities, nutrition and positive living, mobilizing your community in the fight against AIDS etc., would be an essential part of training. Selected students/teachers from neighbouring educational institutions and other voluntary organisations will be given training for conducting awareness programmes in their respective institutions and among the local high risk community.

Opinion forming activities: This compiles of writing and publishing information that has been gathered about HIV/AIDS and stories of particular cases to share knowledge with others. This includes sharing the practices with similar organisations that have similar interests and the public in general. These may then be shared at a higher level with discourses and seminars at schools, public functions, newspaper and magazines. The centre will provide the space to other organisations to conduct workshops and meetings like that of the District Primary Education programme.

The proposed building is in three floors with a total area of $3 \times 106,92 \text{ m}^2 = 320,76 \text{ m}^2$.

The ground floor: This will have a closed hall which will be used for various awareness programmes, meetings, seminars and other public related programmes. It will also have a store room, an office room and toilets.

The first floor: This will house a Technical Laboratory for testing of blood and related matters. It will also have a clinical examination room, a room for the doctors, a small library on medical information and toilets.

The second floor: This will have a recreation room for the rehabilitated persons.

Open terrace: The open terrace will be covered with temporary roofing and will also be used as a recreation room for the rehabilitated persons.

The project is aimed at setting up a permanent and self supporting AIDS Awareness cum Rehabilitation Centre. The necessary expenses will be met mainly out of the income generated by way of rentals.

Budget:

Item	Total	Y's Men's Club Share	Grant requested
	INR	INR	INR
Cost of land	600,000	600,000	
Construction cost	1,035,000	615,000	420,000
Lab equipments	200,000		200,000
Furniture & fittings	85,000		85,000
Training materials (1 year)	35,000		35,000
Public awareness (1 year)	50,000		50,000
LCD projector, screen etc.	55,000		55,000
Initial costs (6 months)	48,000		48,000
Total	2,108,000	1,215,000	893,000

100,000 INR \approx 2,412 USD \approx 2,957 CHF

Approx. 26,406 CHF

Approved by ICM 07 for 2007/08: CHF 26,406

cl/MyDocs/TOF/07-06 India-Thoppumpady

PROJECTS APPROVED FOR FUNDING FROM TIME OF FAST
FOR THE FINANCIAL YEAR 2007/2008

TOF 07-07 India: Y's Men's Club of Alakode, West India Region
**(New) Establishing a Voluntary Counselling and Testing Centre (V.C.T.C.),
Seminar Hall and HIV/AIDS Awareness in four selected Rural Panchayaths of
Kannur District in Kerala State**

Location: Kannur District is located in the northern part of Kerala State, just south of Kasaragod District.

Background: Y's Men's Club of Alakode was formally established in 2000. From 2001 and onwards the club has conducted Free Cataract Operation Camp with the help of Arawind Eye Hospital, Coimbatore. So far they have been able to help appr. 1200 cataract patients belonging to the lower class of society to successfully undergo surgical treatment free of cost. For the last years the club members are committed to take up stop HIV/AIDS as their major and life long project. The death of six young people due to AIDS in their locality really shocked us and we decided to start this project for the coming years. The project started a year ago when the club on World AIDS Day 1st of December 2005 appointed a Project Officer and ten supervisors and they were given training. A comprehensive base line survey was organised with help from supervisors and club members.

Project: The prime objective of the project is to turn this area that comes under the project, an HIV/AIDS free zone as far as possible. To realise a healthy community which is capable of practising positive health practises including sexual behaviour is also an equally important goal. The Y's men's Club of Alakode will be the responsible body to implement the project and will try to reach their goal by setting up a Voluntary Counselling and Testing Centre (VCTC) and Seminar Hall for the public, especially for the vulnerable and downtrodden group. The club will provide free test facilities for suspected cases, pre and post counselling, render referral services to the needy and provide a forum for the HIV/AIDS infected to share their concern and empower themselves. The project includes liaisons with Governmental and Non Governmental organisations for the HIV/AIDS infected and their treatment, rehabilitation etc. To conduct awareness programmes they will carry out seminars, quiz programme, cartoon competition, street corner plays, band race, essay-writing competitions etc. and will also give possibility to provide pre-martial counselling and train risk groups in safe sex practice and promote use of condoms. The overall supervision and policy decision will be done by the Director of Board of Y's Men's Club of Alakode with the help of the project staff. The four Grama Panchayaths and five Primary Health Centres also co-operate with the club in implementing the project. Half yearly reports will be sent to Y's Men International. After the next three years the club will be fully responsible for continuing the project.

The building covers an area of 101.32 m² in two floors. At the ground floor are three rooms and a lab and at the second floor the hall for seminars etc.

This project is expected to run for at least six years, with the club providing funding for the latter half of this project. The club will send its members for counselling courses and ensure their free service as counsellors. Besides, Ymt. Dr Martha Thomas, who is the Superintendent of Govt. Taluk Hospital, has kindly consented her free service to the project after her retirement in 2008.

Budget:

Amount spent so far by the club				INR
Personnel: Project manager, field supervisors				108,000
Monitoring & review: Travel, baseline survey, evaluation				175,000
Field level activities: Seminars, workshops, school education etc.				223,000
Cost of land, cost of foundation & basement, stationery				472,325
Grand Total				978,325
Item	2006-2007	2007-2008	2008-2009	Total
Project manager, field supervisors, doctors etc.	198,000	198,000	198,000	594,000
Travel, review planning & evaluation	25,000	25,000	25,000	75,000
Seminars, workshops, school education etc	85,000	85,000	85,000	255,000
Building VCTC Hall & Seminar Hall	346,000			346,000
Test kit	25,000	25,000	25,000	75,000
Printing & stationery	40,000	40,000	40,000	120,000
Total amount requested	719,000	373,000	373,000	1,465,000

100,000 INR ≈ 2,412 USD ≈ 2,957 CHF Approx. 21,261 CHF 11,030 CHF 11,030 CHF 43,320 CHF

Approved by ICM 07: CHF 21,261 for 2007/08, CHF 11,030 for 2008/09, CHF 11,030 for 2009/10

PROJECTS APPROVED FOR FUNDING FROM TIME OF FAST
FOR THE FINANCIAL YEAR 2007/2008

**TOF 07-08 India: Y's Men's Club of Bangalore Bourdillon, South India Region
(New) HIV/AIDS Project for Rural Population in Bangalore North Taluk**

Location: Northern Bangalore in the state of Karnataka, South India

Background: Bangalore is the fastest growing city in India. More than 500,000 people are now living with HIV in Karnataka and the majority of them are living in and around Bangalore city and the majority of them are women. The city is surrounded by many villages and the living conditions of the people in these areas are miserable. They have no proper employment nor have they any land to cultivate to earn a livelihood. Y's Men have organized a few volunteers to study more on HIV/AIDS diseases prevalent in the Bangalore rural and particularly at the Hoskote Taluk of Bangalore rural district. It has about 303 villages and a population of about 165,000 people. Most of the villagers are illiterate and work on daily wages. Among them 60 % of people are from the backward community. Most of them are addicted to alcohol. Their health and hygiene is very poor and they work for landlords and their wages are very low. There are a few colonies in town where people also work on day-to-day basis. Most of the male are alcoholics and do not care for their families. Many women have, to get their daily bread, got into prostitution and in this way the dreadful HIV is spreading very rapidly.

Project: Together with Hoskote Mission and Medical Center (HMM), (a NGO organisation, that among other things, gives free medical care for poor patients), the Y's Men's Club will provide counselling, identifying, treating and helping HIV affected people. The Y's Men strongly believe that an un-healthy population and poverty is the root cause of many problems in the rural areas. The beneficiary group will be sick men, women and children mostly from the backward communities. Preliminary survey jointly conducted by Y's Men and HMM has revealed the existence of many sick people, mainly young men and women. The activities are planned as follows:

1. Create awareness about AIDS in the community and in the village
2. Conduct workshops on AIDS in the villages
3. Give proper counselling to the patients and their family members
4. Provide medicines to patients

Around 5,000 people will be counselled, 480 patients identified and treated during the period. Awareness about AIDS will be created in the community, the stigma will be removed and the affected patients will not be ostracized.

Budget:

Item	1 st year		2 nd year	
	INR	Total	INR	Total
Part time doctor	120,000		132,000	
Nurse	60,000		66,000	
Health workers	72,000		79,200	
Records clerk	30,000		33,000	
Assistant nurse	26,400		29,040	
Administration		308,400		339,240
Medicine and diagnostic tests	48,000		60,000	
Treatment	120,000		140,000	
Flash cards and teaching AIDS	30,000		30,000	
Building rent	24,000		26,000	
Electricity and water	2,400		2,600	
Vehicle maintenance	24,000		26,000	
Incidental expenses	3,500		3,500	
Recurring expenditure		251,900		288,100
Vehicles (two wheelers)	92,000		0	
Furniture and medical equipments	125,000		0	
Lab/clinical equipment	75,000		0	
Non-recurring capital		292,000		0
GRAND TOTAL		852,300		627,340
Club contribution (10 %)		- 85,230		- 62,734
REQUESTED FROM TOF		767,070		564,606

100,000 INR ≈ 2,412 USD ≈ 2,957 CHF

Approx. 22,680 CHF

Approx. 16,695 CHF

Approved by ICM 07: CHF 22,680 for 2007/08, CHF 16,695 for 2008/09

PROJECTS APPROVED FOR FUNDING FROM TIME OF FAST
FOR THE FINANCIAL YEAR 2007/2008

**TOF 07-09 Latin America/Caribbean: Ecuador; YMCA (ACJ) of Ecuador
(New) Youth Training and Communication for Self-Esteem Development
and Responsible Sexuality**

Location: Southern part of Quito (zone 7), Ecuador

Background: According to information provided by the Ecuador Health Ministry:

- There has been an increase in prostitution, especially of young women from smaller cities and Colombia. They work in terrible conditions, unhealthy and without any permits nor registrations, which increases sexually transmitted diseases (STDs)
- Although in Quito there are initiatives to prevent HIV/AIDS, however they are not coordinated and have not been directed to young people. One of the networks on the issue has not been able to develop an integrated program and it is difficult to develop a broad preventive training program among youth in high schools. This affects mostly high schools in the south of Quito.
- Poverty, limited access to education and lack of information on sexual health are related to problems of sexual violence, undesired teen pregnancy and a high risk of STDs and HIV/AIDS. 68 % of teenagers living in cities are migrants from other Ecuadorean provinces, therefore there are problems that effect their emotional stability.
- There is an important number of adolescents who have abortions which causes problems also such as unfinished studies, limitations to work, family rejection, social condemnation and physical and emotional problems.

Project: This project works based on an approach of rights and responsibilities, using open dialogue without taboos and myths. It addresses an issue that is personal, related to the family and public.

Youth participating in the project do not have adequate information on sexuality. In general the information is confusing, since they are constantly watching television which does not provide adequate information and messages, since sex is conceived as a merchandise. Also in virtual electronic pages, there is distortion in relation to sexuality and stimulates irresponsible practices related to economical and patriarchal power. Youth also exchange information with their peers in school or receive sexual education with only a biological approach, which is also the case with their parents, with a moralistic view.

Beneficiaries: *Direct:* 400 youths, age 15-19 years, in State High Schools in South Quito

Indirect: 200 families, 1,000 men and women. (age 15-19 years old).

Strategies:

- Stimulate learning to promote personal development, self esteem and the value of human sexuality
- Generate debate in relation to certain beliefs and myths on sexuality and promote individual and social responsibility on sexuality
- Consolidate gender and self-confidence identity in both male and female teenagers
- Promote healthy sexual life and culture based on scientific knowledge
- Develop abilities and attitudes that promote HIV/AIDS and STDs prevention
- Participation of at least 40 % female teenagers
- Motivation to maintain respectful relations among participants
- Motivation for female participants to assume leadership roles
- Use of non-sexist language

Budget:

Item	1 st year		2 nd year	
	Local	USD Request	Local	USD Request
Personal: coordinator, secretary		6,000		6,000
Logistic: electricity, water, phone, office equipm	2,400	2,400	2,400	2,400
Consultants: design training system, web info	800	500		500
Equipment and services: maintenance, internet	1,000	1,300	400	1,500
Training: copies, documents, food, training mat.	600	1,900	600	1,900
Communication: posters, stickers, bulletins	400	1,200	400	1,200
Culture: trainers, cultural groups, work shops	1,800	2,400	1,800	2,400
Other costs: external audit, follow-up		2,200		2,200
TOTAL	7,000	17,900	5,600	18,100

1,000 USD ≈ 1,226 CHF

Approx. 21,945 CHF

Approx. 22,191 CHF

Approved by ICM 07: CHF 21,945 for 2007/08, CHF 22,191 for 2008/09

cl/MyDocs/TOF/07-09 Ecuador

PROJECTS APPROVED FOR FUNDING FROM TIME OF FAST
FOR THE FINANCIAL YEAR 2007/2008

**TOF 07-10 Latin America/Caribbean: Brazil - YMCA of Sao Paulo, Brazil
(New) Light, Camera, Youth in Action Project**

Location: Center of Community Development Leide das Neves Jabaquara, Sao Paulo

Background: The center is an activity center maintained by YMCA of Sao Paulo in agreement with the Municipal General office of the Attendance and Social Development and 125 children and adolescents (6 to 17 years old) are enrolled in activities complementary to the formal school.

It also accomplishes activities with the beneficiaries' families and community of the District of Jabaquara, integrated in the several projects that the unit offers. The different themes for the work involves the Rescue of the Brazilian Popular Culture, among them: Brazilian dances, Percussion, Popular Literature, Popular Art, Theatrical Experience, Construction of Instruments as Percussion and Capoeira. The center also offers: Feeding, Physical education, Educational Computer Science, Library and others.

25 % of the total population in the administrative subdistrict of Jabaquara live in slums. These residents' own cultural manifestations, such as Group of Rap, Groups of Samba and Forró, demonstrate their needs of reality expression and fantasy.

Problems, often told by these people of high vulnerability and high privation, are:

The relationship between drugs and violence, the young and adolescents' lack of perspective of life, the need of getting extra income. 36 % of providers have an income up to three minimum wages. For adolescent and young residents in this area, homicide is the main cause of death

Project:

- To involve youth in personal and community development
- To teach young people to use audio-visual aids to express themselves

The youth (age 15 to 17) residing in impoverished places, has few alternatives. The several programs and service projects don't meet the needs of this population. They haven't reached the age to enter into the job market and are at risk for idleness and delinquency.

Previous successful experiences have shown the importance of involving youths in an innovative character transforming and dynamic process.

The concept of the project is to strengthen the communities so that the adolescent is protagonist of that change.

The project believes in the potential of the audio visual education as transformation agent. Not just enlarging their professional perspective, but creating a critical debate and supplying instruments for the development of the expression. Together in groups they will generate products visualizing the community, revealing new possibilities and involve several segments of the society.

The project involves: Citizenship concepts and audio-visual techniques.

Population objective: 25 enrolled youths in CDC Leide das Neves Jabaquara of both sex (age 15 to 17 years), in situation of social risk and 600 people of the community of Jabaquara.

Programme content: Citizenship workshop – Cinematographic language – Practical initiation with camera – Workshop of itinerary creation – Sound workshop and illumination – Direction – Workshops of recording – Field research – Construction of the popularization material – Popularization in the community.

The mapping of resources collected by the 25 youths will be a motor in the process of increasing the level of social participation, formation of new partnership and political articulation in the community.

Budget: The financial cost of the social work developed in the CDC Leide das Neves Jabaquara is budgeted to 309,300 USD. This amount is covered by Sao Paulo – City Hall/Convenium and YMCA of Sao Paulo.

The amount from Time of Fast will be used to replace out of date equipment

Items	USD
One digital camera, two digital camcorders, boxes for camcorders	9,912
Six tripods for camcorders and illumination	668
Three projectors	2,596
Three microphones	550
Computers: one Macintosh, two Pentium 4 and two Pentium 4 with CD and DVD	10,093
LCD monitor	373
One multifunctional and one Laser jet colour printer	1,108
Two reflectors	700
Total	26,000

1,000 USD ≈ 1,226 CHF

Approx. 31,876 CHF

Approved by ICM 07 for 2007/08: CHF 31,876

PROJECTS APPROVED FOR FUNDING FROM TIME OF FAST
FOR THE FINANCIAL YEAR 2007/2008

TOF 07-11 Latin America/Caribbean: YMCA (ACJ) of Costa Rica
(New) Training for Children and Adolescent Mothers in Prevention of HIV virus

Location: Costa Rica

Background: The HIV virus responsible for AIDS is nowadays one of the most serious world problems, a public health problem. Due to its quick spreading, regardless of sex, age, origin or social, economic or public status, Costa Rica like some other countries has felt the discrimination of groups that are caring on and living with the HIV virus.

This disease involves two of the most common taboos in our culture, sexuality and death. The disease has started a general fear because it is related with death and the people who are carrying the disease has been identified with unmoral behaviour.

Currently children and adolescents in our country are surrounded by an atmosphere promoting the beginning of sexual activities at very early age and at this point they do not have an appropriate sexuality information, therefore our children and adolescents are quite vulnerable to sexual transmitting diseases like HIV/AIDS. In Costa Rica the adolescent maternity (according to studies made by INAMU (National Institute of Women) with an average of 17.5 years old) represents more than 20 % of the total birth. 57 % of the adolescents are using birth control methods, the pill still being the most used method, but they do not use condoms.

Project: Actions to prevent HIV spreading among young girls and adolescent mothers.

Specific goals:

1. Teach young girls and adolescent mothers participating in the governmental program "Building Opportunities" about HIV virus prevention.
2. Together with the INAMU develop a supporting document for further education.
3. Educate leaders from the ACJ and teach them how to spread this among ACJ members.
4. Develop activities together with the Costarican Coalition of Young Organizations for the Prevention of HIV virus, the Red Cross and ONUSIDA, to create awareness in the Costarican population on these issues.

Basic Components:

1. *Educating adolescent mothers.* Staff from the ACJ will form an education for this group (Four hours of for example legal, biological and psychological aspects of HIV).
2. *Teaching our staff.* The ACJ will give methodology for teaching children and adolescents.
3. *Society Sensitization.* We will do two annual activities together with INAMU, Young Red Cross and the Coalition of Young Organizations.
4. *Celebrating the HIV International Day.*

Beneficiaries:

- 800 girls and adolescents between 13 and 20 years living in very poor circumstances.
- Young members of ACJ
- Members of various communities where we will develop educations that will favour the process of awareness and knowledge about the HIV virus.

Budget:

Items	Req. ToF	USD	ACJ	USD
General coordination and technical advice		12,000		12,000
Social contributions		6,200		6,200
Secretarial services				2,000
48 training sessions		4,300		1,700
Training the facilitators		2,500		1,200
Two sensitization activities		2,000		1,000
International Day of HIV		3,000		3,000
Use of facilities				3,500
Public services, final evaluation workshop				2,500
Total		30,000		33,100

1,000 USD ≈ 1,226 CHF

Approx. 36,780 CHF

Approved by ICM 07 for 2007/08: CHF 36,780

PROJECTS APPROVED FOR FUNDING FROM TIME OF FAST
FOR THE FINANCIAL YEAR 2007/2008

**TOF 07-12 Latin America/Caribbean: Brazil - YMCA of Sao Paulo, Brazil
(New) Constructing Knowledge through Information Technology Project**

Location: Community Development Center of Vila Maria, Region North, Sao Paulo, Brazil

Background: In accordance with a map of the social exclusion/inclusion of the city of Sao Paulo, region North, the population of the district of Vila Maria constituted of 122,662 inhabitants with a demographic density of 10,395 inhabitants/km². For 90 % of the population, the monthly income per family ranges from 0 to 5 minimum wages. The housing conditions are poor, out of 32,821 houses, 2,362 are in slum areas, 250 are tenement houses and 144 are improvised houses. Barely 10 % of children and adolescents, ages 6 to 15, are attending public programs of social development. 10 % of the population does not have any income, due to the high unemployment rate. 10 % has a monthly income below 150 USD and 25 % between 150 and 300 USD. 11 % of the women are primary providers and illiterate. 2 % of the young people (15 and 24 years old) are illiterate.

Project: To provide access to information technology to be applied in life and in the work market. We intend to show that the use of computers gives motivation for learning and it also increases the pedagogic resources. Enabling children, adolescents, their families and the community to discover a world where the computer is a tool to access knowledge and information that will contribute to their development as individuals and as citizens.

The lack of access to information technology puts our children, adolescents and their families at a disadvantage. In San Paulo for instance, 76 % of students from public schools do not have access to computers. The percentage falls to 14 % for students from private schools. The difference is overwhelming when we consider home computer access. 18 % of students from private schools have a computer at home while 62 % of students from public schools can not afford it. There is a gap between the population who use computers and have access to information and the population who have no access at all to this technology.

We believe that citizenship, in its full concept, can only be granted when individuals have access to information and technology. Acquiring knowledge and the control of this technology brings enormous benefits to educators and students, creating new pedagogical scenes.

We believe that the acquisition of knowledge is a result of actions. Children and adolescents should learn how to evaluate, discuss, understand, analyze and transform their educational process.

Children and adolescents will be divided into groups in different shifts. Each group will work with projects, bringing problem situations to the activities enriched with theoretical and practical elements of learning.

Target population and goals: Our target population is children and adolescents of this socio-educative nucleus as well as family members that will take part in the existing activities in two shifts after school.

Serve 150 children and adolescents from February to December, 30 family members or alumni from February to July and another 30 from August to December.

Program content: First contact with a computer – Contact with games and CDs of educative and informative content – Contact with disks and how to use them – Explore the curiosity of each trainee, stimulating the search for information, group research until getting used to available resources – Get to know the keyboard and its functions – Improving typing – Writing texts in Word – Introduction to basic uses of computers – MS-DOS Operating System – Microsoft Windows – Internet – Microsoft Word, Excel, PowerPoint and Access 2000 – HTML – Use of computers to reinforce psycho-pedagogical aspects – Use of computer rooms as a place to develop interdisciplinary projects – Use of computers as a didactic resource in the teach-learning process.

Budget: The financial cost of the social work developed in the CDC of Vila Maria is budgeted to 294,200 USD. This amount is covered by Sao Paulo – City Hall/Convenium and YMCA of Sao Paulo. The requested amount from Time of Fast will be for the purchase of the following equipment:

Item	USD
12 computers	20,600
1 digital camera	1,000
1 multifunctional (printer, scanner and copier)	690
1 inkjet printer	900
1 video camera	1,800
1 computer projector	3,000
2 micro systems	2,010
Total	30,000

1,000 USD ≈ 1,226 CHF

Approx. 36,780 CHF

Approved by ICM 07 for 2007/08: CHF 36,780

PROJECTS APPROVED FOR FUNDING FROM TIME OF FAST
FOR THE FINANCIAL YEAR 2007/2008

**TOF 07-13 Latin America/Caribbean: ACJ of Costa Rica (through Owen Sound Y
(New) Service Club)**

Light Up Costa Rica Project for Indigenous People

Location: Indigenous Reserves of Talamanca, Costa Rica

Background: Costa Rica has many enlightened laws on the books regarding human rights and in the support of the special needs of the Indigenous Peoples, but the capacity to enforce those laws and provide for the needs identified by the legislators has not caught up to the legislators' vision. In spite of high average literacy rates and an excellent health system for much of the Costa Rican population, the Indigenous People do not benefit from these advantages. Land use and human right abuses are frequent. The Indigenous People present a development challenge to their leadership as they tend to live apart on the reserves and far off established roads.

Communication is difficult and slow. They derive few benefits from the material development of the country as a whole, but have been severely affected by it. Much of their culture has been lost and there is a concerted effort in the Indigenous educational system to provide for a re-learning of traditional cultural practices, value systems, languages and lifestyle.

The "Light Up Costa Rica" project started by LaSalle High School Principal David Wiwchar of Sudbury, Ontario, Canada presented the opportunity to add the support of the Owen Sound Y Service Club to a good idea and assist with making it sustainable. Brian Minielly went to Costa Rica in March 2007 to work with the representatives of all three agencies. He joined David Wiwchar for community meetings in the Talamanca and Turrialba regions. He also travelled to Buenos Aires and met leaders of the ARADIKES organization. It is the umbrella organization under which CEDIN operates in the Salitre Indigenous reserve area. This was also the opportunity to meet with the Y in Costa Rica, to introduce the details of the project and to build a foundation for an effective partnership.

In mid-November 2007 the Y Service Club will be formed in San Jose. We anticipate that it will become an active partner in this project at that time. The President of the Owen Sound Y Service Club will participate in that event in San Jose.

Project: The "Light Up Costa Rica" project is facilitating the installation of solar lighting systems in the homes of Indigenous People in the southern Indigenous Reserves of Costa Rica. This has been done thus far through the leadership of three influential individuals from these communities.

The objective of this project is to add some elements to make the project sustainable and eventually driven by the Indigenous community. With the support and participation of ACJ Costa Rica, we plan to increase the number of lighting systems provided each year to more than 100 units so that they can be imported most cost-effectively and so that a significant impact can be had in kerosene replacement throughout the whole community. To increase delivery capacity and to transfer the knowledge and practice into the hands of the local population, we propose to train 6 teams in total, 2 teams of 2 people in each of the three areas. Each team will have one person able to install, maintain and repair the solar lighting systems. The other person will be the organizer who sets up community meetings, explains the concept of the neighbourhood lending group and the microfinance principles behind it and keeps track of the systems and repayments. The existing coordinators of the three distribution networks will supervise the teams' work.

The Y in Costa Rica, plus the new Y Service Club when it comes into existence, are important partners and necessary to the success of this project. They will receive the lighting system components and store them for distribution to the various regions. This is a key part of the strategy needed to increase the number of systems installed each year and to ensure that the Indigenous People are able to maintain control of the project on their reserve areas.

Beneficiaries: Many families will be able to replace ineffective, dangerous and expensive kerosene lighting with solar-powered LED lighting, thus freeing cash resources, improving health and safety in homes and allowing children to read and do homework much more easily. The addition of practical illumination after sunset in the home will also impact on adults in the areas of culture, literacy, cottage industry and activities related generally to social and economic development in the larger community.

Budget: Total cost covers the expenses for travel, training programme development, training materials, instructor fees, trainees, coordinators and teams.

100 lighting packages and initial costs in 2007-08	14,000 USD (16,964 CHF)
120 lighting packages in 2008-09	7,000 USD (8,482 CHF)
140 lighting packages in 2009-10	9,000 USD (11,034 CHF)

Approved by MYM 08: CHF 16'964 for 2007/08, CHF 8'482 for 2008/09, CHF 11,034 for 2009/10